

How to dress for a flight?

At first glance, this question might seem a bit silly, but it turns out that a lot of people – especially passengers traveling for the first time – aren't dressed appropriately for the conditions they encounter on the plane. Remember that the most important thing isn't fashion: it's **comfort**.

What to wear on the plane?

The longer the flight, the more important comfort is. Whenever possible, it's best to wear sweatpants, trousers made of soft material, or leggings. Add a t-shirt or loose tunic and comfortable shoes, and you've got the perfect outfit for your time on the plane.

We certainly don't recommend stiff jeans. Tight shirts and short skirts are also a bad idea. However, even if it's warm on the ground you should definitely take a jumper and socks on the plane because air conditioning is always working on board during the flight and you can feel cold.

What about your hair? Owners of long hair will certainly prefer to tie it up – the air in the cabin is very dry and the backrests on seats are high. Your hair can pick up static. The most comfortable solution will be to tie it low on the neck or to make a loose braid. A ponytail or a bun can be uncomfortable when leaning back.

Of course, what you wear is your personal decision, but in business class, we might feel uncomfortable in sweatpants when everyone else is dressed in suits. That's why you should find a good balance between comfort and class.

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